

psalm 4 ❀❀❀
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SLEEP IN PEACE

Distress. Shame.
Anxiety.

When David is overwhelmed with worries,
when the world is against him,
he prays to God.

He doesn't let his doubts get to him,
even in his bed at night.
Instead, he prays and trusts God.

He prays, he trusts,
and then he lies down to sleep in peace.

Whatever your worries are, take them to God.
Whatever distresses you, pray about it.
Whatever you fear, trust it to the Lord.

Pray. Trust. And sleep in peace.

psalm 8
CONSIDER
CHRIST

Consider God's majesty in creation.

Consider your weakness,
your vulnerability,
your humanity.

Consider Christ,
both God and man.

Consider the honour God bestows on humanity.
Consider the responsibilities he gives us.

Consider Christ,
majestic over all the earth.